

# Summer at Freedom Week 1 Study Guide

## 6-1-25 "New Levels"

### Main Theme:

Embracing new spiritual levels through obedience to God brings challenges, battles, and mindsets but also rewards, victories, and healing.

### Key Scriptures:

1. **Philippians 2:12** – Work out your salvation with fear and trembling; it's a process of God working destruction out of you to embrace His fullness.
2. **James 1:2-4** – Trials are opportunities for joy, testing faith to build endurance, leading to maturity and completeness.
3. **Matthew 16:16** – Peter's declaration of Jesus as Messiah reflects the challenges and rewards of new levels.
4. **Romans 12:2** – Transformation comes by renewing your mind to align with God's will.
5. **Proverbs 4:20-22** – God's Word brings life and healing when internalized.
6. **Psalms 103:1-4** – God forgives, heals, redeems, and renews those who trust Him.
7. **Galatians 6:2** – Bear one another's burdens to support each other in the process.

### Key Points:

1. **New Levels, New Challenges and Rewards:**
  - Obedience to God elevates you to new spiritual levels, but these come with tests (e.g., Peter's journey from fisherman to disciple).
  - Challenges are opportunities for growth, not destruction. Satan aims to discourage, but God uses trials for development.
  - Rewards include eternal blessings for acts like prayer, compassion, generosity, and endurance (ref. <https://openthebible.org/article/10-things-christ-promises-to-reward/>).
2. **New Levels, New Battles and Victories:**
  - New levels bring new battles, often against old mindsets or perspectives (e.g., King Saul's struggle with self-perception).
  - Victories come through trusting God and facing battles His way, not through self-reliance.
  - God goes before you, ensuring you're never alone (Deuteronomy 28 promises blessings for obedience).
3. **New Levels, New Mindsets and Healing:**
  - Transformation requires a renewed mind (Romans 12:2), achieved through prayer, accountability, church, and immersing in God's Word.
  - Changing thought patterns (e.g., addressing addiction or past hurts) leads to healing (Proverbs 4:20-22).
  - Healing is a process, not instant, requiring obedience and trust in God's plan (Psalm 103:1-4).

### Application:

- **Reflect:** Recall your initial encounter with Jesus to rekindle faith and sustain you in new levels.
- **Embrace Challenges:** View trials as opportunities for growth and joy, trusting God's purpose.
- **Renew Your Mind:** Engage with Scripture daily to shift mindsets and invite healing.

- **Seek Community:** Share burdens with others (Galatians 6:2) to find support and accountability.
- **Pray:** Thank God for new levels, count blessings, and ask for strength to face challenges.

**Discussion Questions:**

1. What new level has God called you to, and what challenges are you facing?
2. How can you actively renew your mind through God's Word to experience healing?
3. What old mindsets or battles are holding you back, and how can you trust God to overcome them?
4. How can you support others in your community as they navigate their new levels?

**Action Step:**

Identify one area (e.g., addiction, unforgiveness, financial trust) where God is calling you to a new mindset. Commit to daily Scripture reading and prayer for one week, asking God for healing and strength. Share your journey with a trusted friend or church group for accountability.