

Summer at Freedom Week 3 Study Guide

6-8-25 "Tired Of It"

Overview

This message contrasts Saul and David from 1 Samuel, highlighting two ways people live: reactively (Saul) or proactively (David). It challenges us to move from a Saul mindset—marked by excuses and fear—to a David mindset—marked by courage, obedience, and trust in God.

Key Scriptures

- **Saul's Story:**
 - 1 Samuel 9:5-21 (Saul meets Samuel, doubts his calling)
 - 1 Samuel 10:9, 22-27 (Saul anointed, hides among equipment)
 - 1 Samuel 13:8-12 (Saul's disobedience with the sacrifice)
 - 1 Samuel 15:17-23 (Saul spares Amalekites, rejects God's command)
 - 1 Samuel 17:32-33 (Saul doubts David against Goliath)
- **David's Story:**
 - 1 Samuel 17:20-37, 45-47 (David faces Goliath with faith)
 - Psalm 51:10 (David's repentance and heart for God)
 - Acts 13:22 (David as a man after God's heart)

Main Points

1. Saul's Reactive Mindset:

- Made excuses in every scenario (e.g., sacrificing without Samuel, sparing Amalekites).
- Lacked responsibility and obedience, calling God "your God" (1 Samuel 15:21).
- Driven by fear, insecurity, and fleshly desires, leading to a corrupted heart.

2. David's Proactive Mindset:

- Took responsibility, faced challenges (e.g., Goliath, lion, bear), and trusted God.
- Repented when confronted with sin, never repeating the same mistake twice.
- Confidence rooted in God, not self (1 Samuel 17:45-47).

3. Three Steps to Change:

- **Heart:** It starts with a heart after God (Acts 13:22). Repent and seek a clean heart (Psalm 51:10).
- **Confidence:** Root your confidence in God, not flesh, to face challenges boldly (1 Samuel 17:46).
- **Victory:** Obey God's way for guaranteed victory in all areas of life (e.g., finances, marriage, trust).

Reflection Questions

- What are you tired of in your life but not tired enough to change? (e.g., job, relationships, habits)
- Is your heart after God? Do you take responsibility for your actions, or make excuses like Saul?
- Where is your confidence rooted—in your flesh or in the Lord?

- Are you ready to trust God and act proactively like David to face your "Goliath"?

Prayer Focus

- Ask God for a clean heart and renewed spirit (Psalm 51:10).
- Seek courage to face challenges with confidence in God.
- Commit to obedience for victory in areas where you're struggling.

Key Takeaway

You can choose to be like Saul—reactive, fearful, and excuse-driven—or like David—proactive, repentant, and God-reliant. Be tired enough of your struggles to act, starting with your heart, followed by confidence in God, leading to victory.