

8-9-26 Do You Really? - Hunger for Righteousness - Kid's Study Guide

Overview

Jesus told a story about being really hungry—not just for food, but for God. When we want more of Jesus, He fills us up in the best way. This lesson helps us ask: Do I really want more of God?

Big Ideas

- When you're really hungry, you go after what you need. The same is true with God.
- Jesus is like the best food ever. He fills up our hearts so we don't stay empty.
- Sometimes we snack on little things (screens, toys, or bad choices) that make us less hungry for Jesus.
- God promises that if we look for Him with our whole heart, we will find Him.
- Choosing Jesus first is always the smartest and happiest choice.

Fun Questions to Think About

1. What is your favorite food when you're super hungry?
2. What are some things that make your heart feel full and happy?
3. Have you ever wanted something more than you wanted to spend time with Jesus?
4. How does it feel when you know Jesus loves you and is with you?

Things You Can Do This Week

- Ask Jesus every morning: "Help me want more of You today."
- Read one short Bible story or verse with a parent.
- When you feel mad, bored, or left out, stop and pray instead of grabbing a screen or getting upset.
- Tell someone one thing you love about Jesus.

Fun Group or Family Talk Ideas

1. Share a time you were so hungry you couldn't wait to eat. How is that like wanting more of Jesus?
2. Why do you think Nicodemus came to Jesus at night instead of in the daytime?
3. What are some "snack" things that can make us less hungry for God?
4. How can our family help each other want more of Jesus this week?